

# Knife Tips #6



by Keith Pascal

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This book is designed to provide information about knife self defense. It is sold with the understanding that neither the author, the publisher, nor anyone involved with the book is engaged in the rendering of legal advice, or advice and expertise for your specific situation, environment, or set of circumstances.

Picking up a knife in a fight is serious business. Such an action could result in legal consequences. You'd also have to live knowing you may have maimed or killed another individual.

Services of competent professionals should be sought, to help you gain more expertise in judging self-defense situations and appropriate reactions.

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# You Have Two Knives

Adam Bridgers wrote and asked about defending with two knives.

I have to wonder under what circumstances you'd have two knives, have them ready, and opened in time to be of use in a street fight.

Of course, the 'almost' obvious benefit of having two knives is that if you lose one in a fight, you still have one left — although you may have just provided your attacker with another weapon.

Anyway, let's pretend that you really do have two knives, one in each hand.

Adam was asking about knives and Kali. So, let's talk a little about:

If you know any double stick patterns, try them with two practice knives instead. Try knife wielder against knife wielder. Also use your two knives against two sticks.



Go through these patterns, to get the hands flowing. It's almost like playing patty-cake, but with knives instead of hands.

Those of you who study Filipino stick fighting know that the "live hand," (the hand closest to the chest), can hold a knife, when you have a stick in your lead hand.

It's natural. You are taught to fight this way.

So, if you have two knives ... just replace your stick with another knife.

If you have a big knife and a small knife, put the larger of the two in your dominant, lead hand.

Would you like more specific advice on exactly what to do with those two knives?

Read on ...

□□□□□

# You Have to Try This with Two Knives

If you know the Slash and Thrust technique of fighting (Day 1 of “10 Days to Better Knife Fighting”), then I have an easy way for you to train with two knives:

Make sure you and your partner use practice knives, since each response cuts your opponent.

Normally, when you respond to your partner’s stab at you, you stop the thrust with your blade, right?

All the check/block ‘stuff’ comes after your initial stop with the blade. Now that you have a second blade, do your replacement move with the second knife, instead of the empty hand.

Actually, you can do most of the drills from “10 Days ...” with a second knife in your check hand.

Rather than thinking too much about it, grab a partner, practice knives, eye protection, and play around.

You’ll see how natural it feels.

## **One More Tip:**

When you pull your check hand away, slash with a quick, short movement.

This way, you get an extra cut on every slash.

(PS Don't forget the thrust into the body. It's still as important as ever. It doesn't matter that you are checking with a second cutting utensil.)

This is a good starting point for your bonus ebook, *Slicing Checks and Blocks*. Practice slowly at first.

# Up Against The Wall (Not a Tribute to Pink Floyd)

Some books give bad advice. Advice that could get you killed.

*'Strategy in Unarmed Combat'* by Maslak is a book that offers advice I'd avoid, if I were you.

For example, one of his principles is something I have written several 'warning' articles about.

Maslak advises fighting a group of people with your back to a wall. He feels that it's safer to be against a wall, because your attackers can't get behind you.

**I couldn't disagree more.**

I'd much rather have my mobility, and I think you would too.

But it gets tiring reconstructing the same argument over and over again. So, why don't you put it to the test.



If you doubt the desirability of having room to maneuver, why not put the wall theory to a test?



Have three peers attack you out in the open. Defend yourself. Use one enemy as a shield — control with wrist locks and arm bars....

Put one of the attackers between you and the other practice partners.

Fake one way, move the other.

Do everything you can to defend yourself.

Now, try the same exercise again, but this time, stand with your back no more than a couple of inches away from a wall.

Have all three practice partners attack you at once.

Defend yourself.

Feel constricted? No room to move?

Hard to employ timing and distance?

Try the experiment.

Maslak thinks that it's even better if you can find a corner ... which unfortunately would really limit your mobility.

Talk about making a situation worse!

Instead of picking on this aspect of his strategy in detail, here's another scenario for you to practice....

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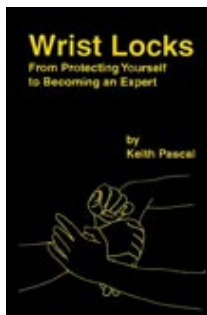
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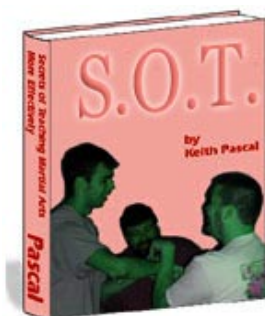
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